

Key Action: Learning Mobility of Individuals
Action Type: Mobility of youth workers

Project Title

Tejiendo Comunidades

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Project Information

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Partners In Orbita (FR) , SDRUZHENIE BADESHTETO SEGA (BG) , The Center
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Topics Promoting gender equality ; Community development ; Environment and
climate change

Project Summary

Objectives

The project seeks to strengthen the capacity of youth workers to integrate ecofeminism into their personal and professional lives by providing practical and applicable tools in different contexts. Through experiential activities, it will foster the connection between youth and community, promoting active participation and mutual support in their local environments.

In addition, the benefits of living in rural areas that adopt ecofeminist principles will be made visible, highlighting their impact on environmental sustainability and collective wellbeing. Individual, social and ecological awareness will be promoted through sustainable practices in daily life, using non-formal education methodologies.

The concepts that are worked on in the training proposal are the following:

- To understand the interconnection between patriarchy and the exploitation of nature, analyzing ecofeminism as an alternative to the current development model.
- To reflect on the role of care work and its relation to the sustainability of life, promoting a better collective organization of this work.
- Explore local strategies of resistance and sustainability, such as food sovereignty, care economy and regenerative crops.
- To apply this knowledge in activities with local actors, allowing participants to experience and implement ecofeminist models in their environment.

To link these concepts to everyday life, activities are carried out with other actors in Sierra de Fuentes to achieve the following objectives that this project addresses:

- To provide youth workers with practical tools to understand and apply ecofeminism in their personal and professional lives through specific activities that promote its integration in various contexts.
- To develop strategies to foster a sense of community among youth, encouraging active participation and mutual support within their local environments.
- To highlight the benefits of living in ecofeminist rural areas, both at the individual and community level and its positive impact on environmental sustainability through practical experiences and testimonials.
- Promote individual, social and environmental awareness through everyday sustainable practices and behaviors through the use of non-formal education and experiential learning.

Activities

The training will take place in Sierra de Fuentes, where the participants will be housed in a former nursery school set up for the occasion. The sessions will take place in common spaces, the Casa de la Cultura and outdoor areas. The meals, based on local and seasonal products, will be prepared in collaboration with the gastronomic association "Un Tinto Básico".

The methodology applied will be Project Based Learning (PBL), encouraging collective reflection, active listening and teamwork. Throughout the training, daily dynamics will be carried out such as:

- “Morning birds”: space for personal routines and self-managed activities.
- “Recapitulations”: Use of social networks and a padlet with resources and records.
- “Reflection time”: Space at the end of the day to consolidate learning.

-“Night birds”: Playful and intercultural activities.

The sessions include:

- Day 1: Presentation of the project and the team, introduction to ecofeminism through “World Café” and creation of educational activities with tools such as Kumu.
- Day 2: Visit to the fauna and flora recovery center “Los Hornos”, reflection on the environmental impact of the production model and ecological textile printing workshop.
- Day 3: Ecofeminist strategies for community organization, “Mission Impossible” dynamics and visit to a family that practices sustainable lifestyles.
- Day 4: Interdependence and mutual support, with the example of a rural women's association that takes care of its community.
- Day 5: Cultural and gastronomic exchange with local initiatives.
- Day 6: Planning the dissemination of results and follow-up.
- Day 7: Evaluation of individual and collective impact, Youth Pass and closing with a gymkhana and community celebration.

Number and profile of participants

The training is designed to benefit a group of 21 participants from 7 different countries. The profile is of young people interested in ecofeminism, sustainability and strengthening local communities. Priority is given to the diversity of experiences and knowledge, encouraging active participation, the exchange of knowledge and the creation of support networks.

The training is aimed at youth workers, community development agents, facilitators, mentors and social leaders committed to social justice and sustainability through a gender perspective. This group includes people who work with youth or plan to do so, who although not directly involved in social or environmental movements, aspire to be part of groups whose interests are sustainability, gender equality and social justice as well as the development of resilient and engaged communities. Participants with a strong interest in developing innovative actions within their communities or associations also fit the required profile.

Selected participants should be motivated to join an international network for cross-border collaboration and shared learning. There is no age limit as we value intergenerationality as an element that adds to the project. The participation of people of different genders and nationalities is foreseen in order to add experiences, testimonies and realities to the project.

Impact

This project seeks to strengthen youth work by integrating ecofeminist principles and innovative methodologies that promote more inclusive, sustainable and empathetic practices in their communities. Through an approach based on equity, respect for diversity and sustainability, youth workers will be equipped with tools with the capacity to transform their organizations and their way of interacting with youth.

Expected results

Participants will acquire new perspectives, experiences and methodologies applicable to their work with youth, enabling them to:

- Develop a critical awareness of the connections between social, economic and environmental issues and their impact on youth.
- Adopt more equitable work models based on cooperation, mutual care and the building of healthy relationships

within their organizations.

-Incorporate ecofeminist approaches in their interventions, promoting values of sustainability, social justice and gender equality.

-Create safe and collaborative environments where youth can express themselves freely and feel an active part of the processes of change.

-Design and implement an action plan adapted to their organizations, ensuring the application of the knowledge acquired.

-Be part of an international collaborative network, strengthening the connection between organizations and facilitating the exchange of experiences and best practices.

During the training, participants will have access to group dynamics, creative activities and community connection exercises, which will allow them to integrate these learnings in a practical and reflective way.

Expected impact

The impact of the project will be at various levels, extending beyond the participants and their direct organizations:

Transformation in youth work.

-A change will be generated in the way youth workers approach their work, incorporating practices that are more inclusive, sustainable and respectful of their environment and communities.

-Youth organizations will be strengthened with tools that foster cooperation and reflective learning, directly impacting the youth they work with.

Youth empowerment

-A more conscious, critical and active youth will be promoted, capable of identifying the structures that affect their reality and generating changes in their communities.

-The creation of support networks between young people from different contexts will be promoted, strengthening the sense of community and solidarity.

Sustainability of learning and dissemination of impact

-The implementation of action plans will ensure that the knowledge acquired is applied over time and adapted to different realities.

-The creation of training materials will allow other organizations and communities to benefit from the learning and resources created in the project.

-A follow-up group will be maintained where participants will be able to share progress, challenges and best practices, consolidating an active support network.

Broadening the impact at the community and international level

-The implementation of the project in a rural setting will allow the involvement of local youth and generate a multiplier effect in nearby communities.

-Collaboration between organizations from different countries will foster intercultural exchange and the adaptation of methodologies in different contexts through different experiences.

This approach will ensure that the results of the project will not only benefit the direct participants, but will have a lasting impact on the communities and the way in which youth work is developed in the future.

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