

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people

Project Title

Choose to Be You

Project Coordinator

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Project Information

Identifier 2024-3-IT03-KA152-YOU-000279711
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EC Contribution 25,390 EUR
Partners Mediterranean Youth Foundation for Development (EG) , Med Baltic Organization (EE) , FARHAT HACHED INSTITUTE FOR RESEARCH AND DEMOCRACY (TN)
Topics Key competences development ; Physical and mental health, well-being ; Quality and innovation of youth work

Project Summary

Objectives

By implementing this project, we aim to empower young people with the skills, knowledge, and confidence needed to become proactive agents of change within their communities. The main objectives from the perspective of youth work practice include enhancing decision-making abilities, fostering resilience, promoting social inclusion, and encouraging environmental consciousness. Through structured activities, we will enable participants to develop essential life skills, such as critical thinking and effective communication, while also fostering intercultural dialogue and understanding among diverse groups. Ultimately, we seek to create a generation of young leaders who are equipped to navigate challenges and contribute positively to their societies.

Activities

The project will consist of a series of engaging activities, including workshops, interactive discussions, team-building exercises, and community service initiatives. These activities are designed to encourage participation and collaboration among youth from different backgrounds. We aim to involve 24 participants, aged 18 to 25, from various partner organizations across Italy, Estonia, Egypt and Tunisia. This diverse group will include young people with varying experiences and backgrounds, ensuring a rich exchange of ideas and perspectives. The activities will be carefully tailored to cater to the specific needs and interests of the participants, fostering an inclusive and supportive environment.

Impact

We expect the project to yield several positive results and lasting impacts at multiple levels. Participants will leave the project with improved decision-making skills, enhanced self-awareness, and a stronger sense of social responsibility. The project will also create a network of motivated youth who can continue to support each other in their personal and professional endeavors. At the community level, we anticipate increased youth engagement in local initiatives, fostering a culture of collaboration and civic participation. On a broader scale, the project aims to influence regional and national youth policies by showcasing the benefits of empowering young people and promoting sustainable practices. By sharing best practices and outcomes through our partner organizations, we aim to inspire similar initiatives across Europe, ultimately contributing to the development of more resilient, informed, and engaged young citizens.

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